

Saline County Department of Senior Services - Calendar of Events

February 2023

Wednesday, February 1

Piece Makers/Sewing Ladies: 8:30 a.m.-1:30 p.m., second floor

Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m.–12:00 p.m., third floor

Free Bingo by *Interim Healthcare*: 9:30 a.m., first floor

Fitness Class: 10:00 a.m., third floor

Thursday, February 2

Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m. - 12:00 p.m., third floor

Writing Group: 10:00 a.m., second floor

Super Bingo: 10:00 a.m., 1st floor

Free Blood Pressure Checks by *Accessible Home Health*: 11:00 a.m., 1st floor

Yoga Stretching: 11:00 a.m., third floor

Friday, February 3

Woodcarving: 9:00 a.m. - 12:00 p.m., second floor

Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m. – 12:00 p.m., third floor

Fitness Class: 10:00 a.m., third floor

Monday, February 6

Matter of Balance Class: 9:00 a.m. – 11:00 a.m., second floor

Fitness Class: 10:00 a.m., third floor

Painting Class with Barb Culley: 1:00 p.m. & 6:30 p.m., second floor

Grief Support, 9:00-Noon, second floor

Tuesday, February 7

Painting Class with Barb Culley: 9:00 a.m. & 1:00 p.m., second floor

Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m.–12:00 p.m., third floor

Yoga Stretching: 11:00 a.m., third floor

Free Health Screenings by *Salina Family Healthcare* 11:15 to 1:00, first floor

Wednesday, February 8

Piece Makers/Sewing Ladies: 8:30 a.m.-1:30 p.m., second floor

Free Bingo by *Legacy at Salina*: 9:30 a.m.

Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m.–12:00 p.m., third floor

Fitness Class: 10:00 a.m., third floor

Thursday, February 9

Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m. - 12:00 p.m., third floor

Matter of Balance Class: 9:00 a.m. – 11:00 a.m., second floor
Writing Group: 10:00 a.m., second floor
Yoga Stretching: 11:00 a.m., third floor

Friday, February 10

Woodcarving: 9:00 a.m. - 12:00 p.m., second floor
Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m. – 12:00 p.m., third floor
Fitness Class: 10:00 a.m., third floor

Monday, February 13

Matter of Balance Class: 9:00 a.m. – 11:00 a.m., second floor
Fitness Class: 10:00 a.m., third floor
Painting Class with Barb Culley: 1:00 p.m. & 6:30 p.m., second floor
Grief Support by *Interim Healthcare*, 9:00-Noon, second floor

Tuesday, February 14

Painting Class with Barb Culley: 9:00 a.m. & 1:00 p.m., second floor
Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m.–12:00 p.m., third floor
Yoga Stretching: 11:00 a.m., third floor
Free Health Screenings by *Salina Family Healthcare* 11:15 to 1:00, first floor

Wednesday, February 15

Piece Makers/Sewing Ladies: 8:30 a.m.-1:30 p.m., second floor
Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m.–12:00 p.m., third floor
Fitness Class: 10:00 a.m., third floor

Thursday, February 16

Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m. - 12:00 p.m., third floor
Matter of Balance Class: 9:00 a.m. – 11:00 a.m., second floor
Writing Group: 10:00 a.m., second floor
Yoga Stretching: 11:00 a.m., third floor

Friday, February 17

Woodcarving: 9:00 a.m. - 12:00 p.m., second floor
Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m. – 12:00 p.m., third floor
Fitness Class: 10:00 a.m., third floor

Monday, February 20

Closed in Observance of Presidents Day

Tuesday, February 21

Painting Class with Barb Culley: 9:00 a.m. & 1:00 p.m., second floor

Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m.–12:00 p.m., third floor
Yoga Stretching: 11:00 a.m., third floor

Wednesday, February 22

Piece Makers/Sewing Ladies: 8:30 a.m.-1:30 p.m., second floor
Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m.–12:00 p.m., third floor
Fitness Class: 10:00 a.m., third floor

Thursday, February 23

Matter of Balance Class: 9:00 a.m. – 11:00 a.m., second floor
Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m. - 12:00 p.m., third floor
Writing Group: 10:00 a.m., second floor
Super Bingo: 10:00 a.m., 1st floor
Free Blood Pressure Checks by *Accessible Home Health*: 11:00 a.m., 1st floor
Yoga Stretching: 11:00 a.m., third floor

Friday, February 24

Woodcarving: 9:00 a.m. - 12:00 p.m., second floor
Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m. – 12:00 p.m., third floor
Fitness Class: 10:00 a.m., third floor

Monday, February 27

Matter of Balance Class: 9:00 a.m. – 11:00 a.m., second floor
Fitness Class: 10:00 a.m., third floor
Painting Class with Barb Culley: 1:00 p.m. & 6:30 p.m., second floor

Tuesday, February 28

Painting Class with Barb Culley: 9:00 a.m. & 1:00 p.m., second floor
Computer Lab/Training by Maurice Kerr, *The Computer Helper*: 9:00 a.m.–12:00 p.m., third floor
Yoga Stretching: 11:00 a.m., third floor