

MEETING MINUTES
HEALTH DEPARTMENT ADVISORY COUNCIL
Feb 5th (11:30 am to 1 pm)
Conference Room A, Saline County Health Department

Meeting Minutes:

Lunch is served at 11:30 am.

Attendees: Monte Shadwick, Heather Fuller, Phillip Smith-Hanes, Candice Sauers, Hannah Bett, Angie Lassley, Lori Trow, Linn Exline, Anabel Feauto, Sherri Dockter, Jason Tiller

1. Call to Order

a) Linn called the meeting to order.

2. Review and approval of October and December meeting minutes.

a) Heather motioned to approve; approve minutes next time due to not enough people to approve.

3. Presentation of Becoming a Mom, Incredible Babies and Infant Mortality Rate- Sherri Dockter, MCH Coordinator

a) Sherri presented on the services provided by Maternal Child Health (MCH).

i) IMR is on the rise for Saline County. MCH has identified concerns: Saline County is 6.4 per 1000 births, the Healthy People goal is 5, and the state average is 5.5.

ii) Sherri discussed the leading causes of the increase in IMR; there is a decrease in community services being utilized. COVID-19 decreased the number of referrals.

iii) Jason asked if the impact of COVID-19 is still carried over to today. Sherri explained a lot of providers may not know what services are provided.

iv) Sherri explained the process after a woman has given birth. The women have to sign a consent for MCH to be able to talk to them after birth.

(1) 151- consent signed services

(2) 118- signed consent able to visit with patient

(3) 331- blank or refused.

v) The new leadership director of the birth unit has been great in response to increased collaboration.

(1) Sherri expressed her frustration with the fragmented community, not having providers tell the patients about the services they offer. Sherri wants to rally collaboration.

vi) Heather asked what other outreach and community education MCH has. Sherri said any community event we are trying to be a part of.

vii) Sherri is working with the jail for services for incarcerated pregnant mothers.

viii) There is a new website and QR codes to sign up for services.

- ix) Angie asked when there is no consent to having access to see the mother, can they leave materials? They are not allowed to leave materials. Information is allowed in the discharge packet that many do not look at.
- x) Sherri explained that when our staff enters a room, they want to be in assistance, make it feel comfortable, do assessments, and offer safe sleep education. Staff leave information, but there is no time frame. 24/7 contact with Sherri and the MCH nurse. The consent process is challenging.
- xi) Emphasis on Cross-Sector Collaboration.
- xii) Full-time nurse- helpful with social media and getting information out there. MCH staff distributed envelopes around the community- incentives with more larger manufacturing sites and churches.
- xiii) Decrease barriers with moms- meet them where they are at. Magie is the translator, will attend visits with the nurse if they are Spanish-speaking, and will facilitate Spanish BAM classes.
- xiv) Sherri explained virtual numbers have increased.
- xv) Incredible Babies starting in March.
 - (1) Tried to start before the pandemic- staff attended training this summer to bring it back.
 - (2) Bosom Buddies- Lactation closet provided to mothers as needed.
- xvi) Serving Republic County, McPherson County, in person and virtual BAM classes
 - (1) Services surrounding us do not provide MCH services.
- xvii) Advances in Advocacy- 146 total packages sent to area providers for program activities.
 - (1) Sherri has had talks with other counties to provide virtual to counties.
- xviii) Jason- Grant funded Aid to Local grants that no longer practiced in MCH grant because the paperwork and reporting outweighed the funding to do the program.
 - (a) Created void for regional services. Most don't have a service provider for MCH or the capacity.
- xix) Sherri visited Salina Family; many patients think the health department will "take their baby." There is a stigma as to why community outreach and education are essential.
 - (a) They measure before and after knowledge of clients, and there is improvement after services- national studies support the same.
 - (b) MCH services can support bridging the gap.
- xx) Phil asked how many other programs BAM is in Kansas. There is a total of 15 in the state of Kansas.
 - (1) Phil asked if all programs are experiencing the same decrease in participation. Geary County is doing outstanding because they have providers' buy-in.

- (2) Saline County was the first BAM site in 2010 but decreased to 4.2. As time has gone in, it has dropped off. Continued BAM over COVID-19. Daycare challenge as a barrier
- xxi) Heather asked if grant funds are allowed to purchase incentives. Sherri explained that a \$75,000 grant for BAM was given. They purchased infant car seats and pack-and-plays for participation incentives.
- (a) Sherri is going for the grants.
 - (b) Phil asked how the opportunity for moms to donate items is being publicized for Bosom Buddies. Social media, Radio PSA. Angie would like marketing materials to be sent out.
 - (c) Lin said young families would benefit from this and amplify their voices on social media. She will reach out to the head nurse at the schools.
- xxii) The community baby shower is planned in collaboration with Salina Regional.
- 4. Final Review and Acceptance by HDAC of 2023 Annual Report- Jason Tiller**
- a) Jason sent out the report and didn't have very many responses. Phil responded with some feedback.
 - i) The only difference is that Phil asked a question about graphs/data and changed the color scheme to make sure the charts stood out in the same color scheme to differentiate.
 - ii) Jason hoped to have the final review at the meeting to send to county commissioners. There are not enough people to take a vote.
 - iii) Email vote acceptance if needed to get it published by the end of the week.
 - iv) Monte asked where this will be published. It will be published on the website, in a press release, and on social media.
 - v) Angie said being brand new to the committee, she is amazed by the information and the scope of all the health department does. She said the layout is challenging to follow with the graphics and the text. Having clickable graphics would be helpful to make them larger. Suggested having the contact information for coordinators. Maybe add a directory at the end.
 - vi) Any additional changes need to be made on Thursday. With a consensus of the members there to accept the annual report.
- 5. SGR Servant Leadership Conference Report Out- Candice Sauers**
- a) Candice Sauers attended the Servant Leadership Conference in Dallas and shared a program she learned about.
 - i) Erik Ezra was a teacher in Olathe, Kansas. He never got an actual GED and became a security guard at a high school. His dad was a high school dropout. He overheard counselors saying, "Don't do that" or "No." to the students all the time. He noticed the children were going down the wrong path. He thought of a model of leadership like gang mentality. It starts in elementary school, mentoring and socializing. When the children get to middle school, give them more responsibilities. Then, give them

college opportunities in high school. Erik built a low rider and brought the bike to school. He started an after-school program bringing together the police, fire department, DEA, and more from the community. The key was community buy-in, and it was grant-funded. If the student finishes, they can get their bike they worked on at the end.

- ii) Erik wanted to continue the program and created the Spot after-school program. It is grant-funded with support from community members. There is homework help, video games, mentorship, and a Parents' Day once a week.
- iii) Candice asked why we couldn't do this in our community. Suppose we are already seeing kids when they are young. If we are interested, we can email them, and they will send us a blueprint of the layout.
 - (1) Heather asked how much it overlaps with the city Excel program. Linn said it overlaps but is only available at Lakewood and Central High School. They have a mentor program that works directly with the kids. The low-rider bike incentive is different. There is a barrier with the number of mentors available in the cities program.
 - (2) Candice asked if county employees could volunteer. Linn explained it is all minority. They have discussed expansion, but the best outcome is consistency. She is interested in the blueprint to see how that program has figured that part out.
 - (3) Angie said that from a Y perspective, teens/middle school is a high need for this program. It is important to make sure people are invited to the meetings.
 - (4) Linn said the city has a working model if there is something we can use to expand and build upon—people in the community for sponsorship.
 - (5) Heather said the program has many benefits.
 - (6) Linn said parents have bought in. The weekly parent connection is excellent. Support something beyond what they know.
 - (7) Jason- Opportunity to encourage advancements.
 - (8) Candice will reach out for more information.

6. **Opioid Task Force Update- Anabel Feauto**

- a) The task force has been meeting every month. In the past couple of meetings, we have discussed the idea of an Opioid Needs Assessment. This will be beneficial not only for the task force but also for the community. Identify where there are gaps and be able to use them to create a strategic plan. Anabel has been working with WSU for a needs assessment.
 - i) WSU will assist with data analysis, planning, and facilitation while the task force links the project and the community.
 - ii) Jason is working on an RFP and has a timeframe to complete it by Friday.
 - iii) Angie asked if any other places in Salina have data. Anabel said most places do not have enough data to see where the problem is at in our community.

- iv) Heather asked if other counties have done an opioid needs assessment. Salina County used a template; other counties did the same from WSU in 2020.
- v) Angie asked why there is a need for the opioid task force.
- vi) Jason- National data shows there is a problem. There have been overdoses in Saline County.
- vii) Monte said it is commissioner driven goal.
- viii) Phil said there is funding to be used from the Opioid Settlement funds. Both city and county are participants in the settlement.

7. HDAC Story Board & Website Update- Jason Tiller

- a) Jason said My Sidewalk is going away; it wasn't as engaging. Anabel is working on a new Opioid website.
- b) Jason has the credentials to build the HDAC page.
 - i) Purpose statement from bylaws
 - ii) Members
 - (1) Picture & name- can add contact information if needed.
 - (2) Still need headshots.
 - iii) File Repository
 - (1) Bylaws
 - (2) Agenda
 - (3) Minutes
 - (4) Only go back to the start of last year
 - iv) Calendar of meetings
 - v) Can add more to if needed.

8. Organizational Updates

- a) Working on Aid to Local applications done annually- due by the end of March.
- b) The Deputy Director left at the end of Dec- split primary duties between Jason and other staff.
- c) We are on track to complete applications- the financial part is accepted.
- d) The county budget starts in the next couple of months.
- e) Sarah Jolley from WSU and Jason presenting at Governor's Conference- Rising from the Ashes title.

9. Open Discussion

10. Adjourn

- a) The next meeting is on April 1st.