

September

2023 - ACTIVITIES CALENDAR

Mon. Sept. 11

10a: Senior Fitness Class

1p: Painting Class with Barb Culley

Tues. Sept. 12

9a & 1p: Painting Class with Barb Culley

9a-12p: Computer Lab/Training provided by Maurice Kerr, The Computer Helper

11a: Yoga Stretching for Seniors

Weds. Sept 13

8:30a-1:30p: Piece Makers, Senior Center Sewing Ladies

9a-12p: Computer Lab/Training provided by Maurice Kerr, The Computer Helper

12p: Senior Fitness Class

Thurs. Sept. 14

8:30a-1:30p: Piece Makers/Fidget Quilts

9a-12p: Computer Lab/Training

10a: Creative Writing

11a: Yoga Stretching for Seniors

Fri. Sept. 15

9a-12p: Woodcarving

9a-12p: Computer Lab/Training provided by Maurice Kerr, The Computer Helper

10a: Senior Fitness Class

Mon. Sept. 18

10a: Senior Fitness Class

1p: Painting Class with Barb Culley

Tues. Sept. 19

9a & 1p: Painting Class with Barb Culley

9a-12p: Computer Lab/Training provided by Maurice Kerr, The Computer Helper

11a: Yoga Stretching for Seniors

1p: Grief Support by Interim Healthcare

Weds. Sept 20

8:30a-1:30p: Piece Makers, Senior Center Sewing Ladies

9a-12p: Computer Lab/Training provided by Maurice Kerr, The Computer Helper

12p: Senior Fitness Class

Thurs. Sept. 21

8:30a-1:30p: Piece Makers/Fidget Quilts

9a-12p: Computer Lab/Training

9:30a: Super Bingo

10a: Creative Writing

11a: Free Blood Pressure Checks by Accessible Home Health

11a: Yoga Stretching for Seniors

Fri. Sept. 22

9a-12p: Woodcarving

9a-12p: Computer Lab/Training provided by Maurice Kerr, The Computer Helper

10a: Senior Fitness Class

Mon. Sept. 25

10a: Senior Fitness Class

1p: Painting Class with Barb Culley

Tues. Sept. 26

9a & 1p: Painting Class with Barb Culley

9a-12p: Computer Lab/Training provided by Maurice Kerr, The Computer Helper

11a: Yoga Stretching for Seniors

Weds. Sept 27

8:30a-1:30p: Piece Makers, Senior Center Sewing Ladies

9a-12p: Computer Lab/Training provided by Maurice Kerr, The Computer Helper

12p: Senior Fitness Class

Thurs. Sept. 28

8:30a-1:30p: Piece Makers/Fidget Quilts

9a-12p: Computer Lab/Training

10a: Creative Writing

11a: Yoga Stretching for Seniors

Fri. Sept. 29

9a-12p: Woodcarving

9a-12p: Computer Lab/Training provided by Maurice Kerr, The Computer Helper

10a: Senior Fitness Class